

January

COLD BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
HOLIDAY	No School	No School	No School	No School
1	2	3	4	5
• zac omega strawberry bar	• French toast muffin	• cinnamon crumble	• plain bagel w/ cream cheese	• yogurt & educational snacks
8	9	10	11	12
HOLIDAY	• zee zees berry apple crisp bar	• lemon muffin	• yogurt & granola	• cinnamon crumble
15	16	17	18	19
• honey buttons cereal	• plain bagel w/ cream cheese	• blueberry muffin	• string cheese & skeeter cinnamon grahams	• autumn spice muffin
22	23	24	25	26
• mini dipperdoodle bar & string cheese	• lemon muffin	• plain bagel w/ cream cheese		
29	30	31		

Happy New Year!

Resolve to eat breakfast this year! Studies show that students who eat breakfast at school perform better on tests and have improved concentration, alertness, comprehension, memory, and learning!

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider



January

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
HOLIDAY	No School	No School	No School	No School
1	2	3	4	5
<ul style="list-style-type: none"> • baked mac & cheese w/ BBQ chicken ○ steamed corn 	<ul style="list-style-type: none"> • chili citrus drumstick w/ rice (df) ○ black beans / carrots 	<ul style="list-style-type: none"> • flame-broiled beef cheeseburger ○ chopped lettuce / tomatoes 	<ul style="list-style-type: none"> • NEW cheesy bite pizza ○ green beans w/ ranch 	<ul style="list-style-type: none"> • crispy chicken sandwich (df) ○ glazed carrots
8	9	10	11	12
HOLIDAY	<ul style="list-style-type: none"> • NEW pizza burger bagel melt ○ baby carrots 	<ul style="list-style-type: none"> • breakfast for lunch: pancakes w/ omelet (vg) ○ broccoli w/ ranch 	<ul style="list-style-type: none"> • revolution hot dog (df) • coleslaw 	<ul style="list-style-type: none"> • classic spaghetti & meatballs (df) ○ steamed corn
15	16	17	18	19
<ul style="list-style-type: none"> • chicken taco trio ○ glazed carrots 	<ul style="list-style-type: none"> • baked mac & cheese w/ chicken bites ○ edamame / broccoli 	<ul style="list-style-type: none"> • NEW cheesy bite pizza ○ chopped lettuce & sliced tomatoes w/ ranch 	<ul style="list-style-type: none"> • fiesta scoops w/ three layer dip (vg) ○ steamed corn 	<ul style="list-style-type: none"> • NEW hearty chili w/ cornbread ○ green beans
22	23	24	25	26
<ul style="list-style-type: none"> • baked mac & cheese w/ BBQ chicken ○ coleslaw 	<ul style="list-style-type: none"> • mighty meaty deli combo ○ steamed corn 	<ul style="list-style-type: none"> • crispy chicken sandwich (df) ○ black beans/ grape tomatoes 		
29	30	31		

Happy New Year!
What's New?

Cheesy-bite size goodness! Try our new Cheesy Bite Pizza!

Our hearty chili is now served with a delicious side of corn bread!

Look for them on the menu on the 11th, 16th, 24th & 26th

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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