

## Sample Distance Learning Teacher Schedule

English Language Arts (Pre-K to K)
<b>8:00-8:10:</b> I join morning Launch (virtual assembly) with my principal, colleagues and students. I'm looking at the comments to make sure my students are participating, and I am reminded that we are all Rocketship Rocketeers!
<b>8:10 - 8:40:</b> I record the next day's social emotional lesson, which is focused on sharing your emotions with your family members. I'll post it on our closed Facebook group this evening so my students can watch it tomorrow.
<b>8:40 - 9:00:</b> I take a self-care break.
<b>9:00 - 9:20:</b> I record tomorrow's phonics lesson about the "long e" sound. I'll post this video on our closed Facebook group this evening so my students can watch it tomorrow.
<b>9:20 - 10:00:</b> I meet with my grade level team to prioritize student check-ins. We look at our daily family survey data, and I realize I need to get in touch with 5 families urgently. We also look at student academic progress on their online learning programs and there are 7 students I need to check-in with today. I create my schedule of who I'm going to call and when.
<b>10:00 -11:00:</b> I call the 5 families that we identified on the <a href="#">CareCorps</a> family survey. I put these families in touch with local resources so that we can continue to care for our community during this time.
<b>11:00 - 12:00:</b> I take my lunch and go for a walk. I, of course, practice social distancing.
<b>12:00 - 1:20:</b> I call the 7 students who I need to check-in on today on their online learning progress. I also practice their sight word list with them, and take notes in our grade level call log.
<b>1:20 - 2:20:</b> I take a self-care break. I work out and spend some time painting.
<b>2:20 - 3:00:</b> I check the work my students' families posted on Facebook and the Rocketship Goals Dashboard to see who is putting in a lot of effort and working hard. I create a celebration video on TikTok.
<b>3:00 - 3:10:</b> I join my principal, colleagues and students. I'm thrilled to see so many students get a shoutout in Kindergarten! My students are sending fire and heart emojis!
<b>3:10 - 3:30:</b> I join the team huddle, and we quickly debrief the day, any learnings and give gratitude to each other.
<b>3:30 - 4:00:</b> I meet with my coach to review my coaching call log. My students in one of my classes aren't meeting their goals, so I problem solve with my coach. We practice calling a family together and helping the student access the videos on Facebook.
<b>4:00 - 4:30:</b> I post the videos I created to our Facebook page, so my students can watch them tomorrow. I clean up my work space so I am ready to go for tomorrow.
<b>4:30 - 5:00:</b> I take my last break of the day. I turn off my computer and spend quality time with myself and my loved ones.

## Sample Distance Learning Teacher Schedule

STEM (Pre-K to K)
<b>8:00-8:10:</b> I join morning Launch with my principal, colleagues and students. I'm looking at the comments to make sure my students are participating, and I am reminded that we are all Rocketship Rocketeers!
<b>8:10 - 8:40:</b> I record the next day's social emotional lesson, which is focused on sharing your emotions with your family members. I'll post it on our closed Facebook group this evening so my students can watch it tomorrow.
<b>8:40 - 9:00:</b> I take a self-care break.
<b>9:00 - 9:20:</b> I record tomorrow's math activity about a game where students select cards in pairs to make ten. I'll post this video on our closed Facebook group this evening so my students can watch it tomorrow.
<b>9:20 - 10:00:</b> I meet with my grade level team to prioritize student check-ins. We look at our daily family survey data, and I realize I need to get in touch with 5 families urgently. We also look at student academic progress on their online learning programs and there are 7 students I need to check-in with today. I create my schedule of who I'm going to call and when.
<b>10:00 -11:00:</b> I call the 5 families that we identified on the family survey. I put these families in touch with local resources so that we can continue to care for our community during this time.
<b>11:00 - 12:00:</b> I take my lunch and go for a walk. I, of course, practice social distancing.
<b>12:00 - 1:20:</b> I call the 7 students who I need to check-in on today on their online learning progress. I also practice their math fluency skills with them, and take notes in our grade level call log.
<b>1:20 - 2:20:</b> I take a self-care break. I work out and spend some time reaching out to friends and family.
<b>2:20 - 3:00:</b> I check the work my students' families posted on Facebook and the Rocketship Goals Dashboard to see who is putting in a lot of effort and working hard. I create a celebration video on TikTok.
<b>3:00 - 3:10:</b> I join my Principal, colleagues and students. I'm thrilled to see so many students get a shoutout in Kindergarten! My students are sending fire and heart emojis!
<b>3:10 - 3:30:</b> I join the team huddle, and we quickly debrief the day, any learnings and give gratitude to each other.
<b>3:30 - 4:00:</b> I meet with my coach to review my coaching call log. My students in one of my classes aren't meeting their goals, so I problem solve with my coach. We practice calling a family together and helping the student access the videos on Facebook.
<b>4:00 - 4:30:</b> I post the videos I created to our Facebook page, so my students can watch them tomorrow. I clean up my work space so I am ready to go for tomorrow.
<b>4:30 - 5:00:</b> I take my last break of the day. I turn off my computer and spend quality time with myself and my loved ones.