

The mental health of our Rocketeers, families, staff and community is exceptionally important. Education Code section 49428 requires school districts and charter schools to provide students and their parents/guardians with information at least twice per school year regarding how to access student mental health services on campus and/or in the community. Information on these services is below.

Mental Health Services

Rocketship Public School's is committed to providing mental health services to meet the needs of all students in the District. These services include: Special Education, Homeless & Foster Youth Services, Health Services, Counseling, Social Skills Groups, and 504 Plans to name a few.

Counseling: Each school site can provide some type of counseling and intervention services to high-risk students and their families. These services are accessed through our MTSS system and pre-referral process. Supplemental counseling services are available at all sites through community mental health agencies. Written permission from a parent/guardian is required for a student to participate in supplementary counseling services.

State law provides that parent/guardian permission may not be required for a student over the age of 12 under the following conditions: the child may present a danger of harm to themselves or others or is the alleged victim of child abuse; or involvement of the parent/guardian would be detrimental to the child's welfare. In these circumstances, the community agency counselor may make a report to a children's protective agency.

Resources:

If you have a serious and immediate safety concern regarding a student (yourself or a friend), please call 9-1-1. If your concern needs immediate mental health attention support is also available by contacting one of the hotlines listed below.

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HOTLINES

Bill Wilson SOS Crisis Hotline

Description: 24-Hour Crisis Line

Hotline: 408-278-2585

Uplift Crisis

Description: 24-Hour Crisis Line

Hotline: 408-379-9085 or toll-free 877-412-7474

Alum Rock Crisis

Description: A 24/7 mobile community response support line.

Hotline: 408-294-0579

Child Protective Services

Description: Accepts reports about children 17 or younger who may be in danger to abuse, abandonment and exploitation.

Hotline: 800-632-4615

Crisis Text Line

Description: Free 24/7 support for people in crisis.

Hotline: Text "HOME" to 741741

Domestic Violence Crisis Line

Description: Free 24/7 crisis hotline.

Hotline: 800-572-2782

EMQ Mobile Crisis

Description: Mobile crisis support for minor: 5150 assessment, support, and safety planning.

Hotline: 408-379-9085

National Suicide Prevention Lifeline

Description: Suicide prevention hotline and services.

English: 800-273-TALK

Español: 888-628-9454

TTY: 800-799-4889

Online chat: suicidepreventionlifeline.org

Santa Clara County Suicide & Crisis Hotline

Description: Suicide & Crisis Hotline Available 24hrs/7days.

Hotline: 1-855-278-4204

Website: www.sccgov.org

Shelter Bed Hotline

Description: Hotline with information about emergency shelters in the Bay Area.

Hotline: 800-SHELTER

YWCA Silicon Valley

Description: 24 hour live crisis assistance and counseling services for sexual assault, domestic violence, and human trafficking.

Hotline: 800-572-2782

Website: www.ywca-sv.org

Mental Health Resources

Bill Wilson Center

Description: Serves youth and families focusing on housing, education, counseling and advocacy.

Phone: 408-243-0222

Website: www.billwilsoncenter.org

Bill Wilson Center: Center for Living with Dying

Description: Grief counseling, support groups, community crisis support, parent support.

Phone: 408-243-0222

Website: www.billwilsoncenter.org

Bill Wilson Center

Description: Services for homeless & runaway youth.

Phone: 408-850-6125

Website: www.billwilsoncenter.org

Foothill Community Health Center

Description: Counseling and medical services.

Phone: 408-729-9700

Website: <http://www.sjfcc.org/counseling.html>

National Runaway Safeline

Description: Anonymous and confidential runaway support services for young people.

Phone: 800-RUNAWAY

Website: www.1800runaway.org

The Food Connection

Description: Referrals to people needing food assistance in Santa Clara County.

Phone: 800-984-3663

The Opportunity Center

Description: Establish affordable homes and enable the provision of beneficial services for very low-income or homeless individuals and families.

Phone: 650-853-8672

Website: www.communityworkinggroup.org

Your House South

Description: Temporary housing and counseling center for youth experiencing family problems or who have run away from home.

Phone: 650-367-9687

National Human Trafficking Hotline

Description: 24/7 hotline.

Phone: 888-373-7888

Text "HELP" to 233733 (BeFree)

Website: <https://humantraffickinghotline.org>

Community Overcoming Relationship Abuse

Description: Provides crisis intervention, counseling and civil legal services for victims of domestic violence.

Phone: 800-300-1080

Domestic Violence Intervention Collaborative

Description: Individual therapy, groups, and classes.

Phone: 408-294-0006

Website: www.dvintervention.org

U.S. Department of Justice

Description: Information for Parents & Guardians talking with children about sexual abuse and violence.

Website: www.nsopw.gov

YWCA Silicon Valley

Description: Rape crisis intervention, advocacy and accompaniment, individual, group,

family counseling, sexual assault, domestic violence, and human trafficking support, emergency shelter and legal help.

Crisis: 800-572-2782

San Jose: 408-295-4011

Website: www.ywca-sv.org

AACI Substance Abuse Program

Description: Individual, group, and family therapy for drug & alcohol, anger management, domestic violence, parenting classes.

Phone: 1-800-488-9914

Website: www.aaci.org

La salud mental de nuestros Rocketeers, sus familias, el personal y la comunidad es absolutamente importante. La sección 49428 del Código de Educación obliga a que los distritos escolares y las escuelas autónomas brinden a los estudiantes y a sus padres/tutores, al menos dos veces por año escolar, información sobre cómo acceder a los servicios de salud mental para los estudiantes, en el campus y/o en la comunidad. La información sobre estos servicios se encuentra a continuación.

Servicios de Salud Mental

Rocketship Public School's se compromete a brindar servicios de salud mental para cumplir con las necesidades de todos los estudiantes en el Distrito. Estos servicios incluyen: educación especial, servicios para personas sin hogar y jóvenes de crianza temporal, servicios de salud, consejería, grupos de habilidades sociales y Planes 504, por citar algunos.

Orientación: Cada escuela puede proporcionar algún tipo de asesoramiento y servicios de intervención para estudiantes de alto riesgo y sus familias. Se accede a estos servicios a través de nuestro sistema de MTSS y el proceso de pre-derivación. Se hallan disponibles servicios de asesoramiento complementarios en todos los centros, a través de agencias comunitarias de salud mental. Es necesario el permiso por escrito de un padre/tutor para que un estudiante participe en servicios de asesoramiento complementarios.

La ley estatal establece que puede no ser necesario el permiso de los padres/tutores para un estudiante mayor de 12 años bajo las siguientes condiciones: que el niño pueda presentar un peligro de daño para sí mismo o para los demás, o que sea presunta víctima de abuso infantil; o bien que la participación del padre/tutor pudiera ser perjudicial para el bienestar del niño. Bajo estas circunstancias, el consejero de la agencia comunitaria puede elevar un informe a una agencia de protección infantil.

Recursos:

Si tiene un problema de seguridad grave e inmediato con respecto a un estudiante (usted o un amigo), llame al 9-1-1. Si su inquietud necesita atención de salud mental inmediata, también habrá apoyo disponible poniéndose en contacto con una de las líneas directas que se detallan a continuación.

Si tiene un problema de seguridad grave e inmediato con respecto a un estudiante (usted o un amigo), llame al 9-1-1. Si su inquietud necesita atención de salud mental inmediata, también habrá apoyo disponible poniéndose en contacto con una de las líneas directas que se detallan a continuación.

LÍNEAS DIRECTAS

Bill Wilson SOS, Línea Directa ante Crisis

Descripción: Línea de Crisis 24 horas

Línea Directa: 408-278-2585

Uplift Crisis

Descripción: Línea de Crisis 24 horas

Línea directa: 408-379-9085 o al número gratuito 877-412-7474

Alum Rock Crisis

Descripción: Una línea de apoyo de respuesta comunitaria móvil 24/7.

Línea directa: 408-294-0579

Servicios de Protección Infantil

Descripción: Acepta informes sobre niños de 17 años o menos que pueden estar en peligro de abuso, abandono y explotación.

Línea directa: 800-632-4615

Crisis Text Line

Descripción: Soporte gratuito 24/7 para personas en crisis.

Línea directa: Envíe un mensaje de texto con la palabra "HOME" al 741741

Línea de Crisis por Violencia Doméstica

Descripción: Línea directa de crisis, gratuita 24/7.

Línea directa: 800-572-2782

EMQ Mobile Crisis

Descripción: Apoyo móvil para crisis, orientada a menores: evaluación 5150, apoyo y planificación de seguridad.

Línea directa: 408-379-9085

Lifeline Nacional de Prevención del Suicidio

Descripción: Línea directa y servicios de prevención del suicidio.

Inglés: 800-273-TALK

Español: 888-628-9454

TTY: 800-799-4889

Chat en línea: suicidepreventionlifeline.org

Línea Directa del Condado de Santa Clara ante Crisis y Suicidio

Descripción: Línea directa por suicidio y crisis 24/7.

Línea directa: 1-855-278-4204

Sitio web: www.sccgov.org

Shelter Bed Hotline

Descripción: Línea directa con información sobre refugios de emergencia en el Área de la Bahía.

Línea directa: 800-SHELTER

YWCA Silicon Valley

Descripción: Servicios de asistencia y asesoramiento en crisis en vivo las 24 horas, para casos de agresión sexual, violencia doméstica y trata de personas.

Línea directa: 800-572-2782

Sitio web: www.ywca-sv.org

Recursos de Salud Mental

Bill Wilson Center

Descripción: Presta servicio a jóvenes y familias, centrándose en la vivienda, la educación, el asesoramiento y la defensa.

Teléfono: 408-243-0222

Sitio web: www.billwilsoncenter.org

Bill Wilson Center: Centro para convivir con la muerte

Descripción: Orientación sobre el duelo, grupos de apoyo, apoyo comunitario en casos de crisis, apoyo a los padres.

Teléfono: 408-243-0222

Sitio web: www.billwilsoncenter.org

Bill Wilson Center

Descripción: Servicios para jóvenes sin hogar y jóvenes que se han marchado de sus hogares.

Teléfono: 408-850-6125

Sitio web: www.billwilsoncenter.org

Centro de Salud Comunitaria de Foothill

Descripción: Asesoramiento y servicios médicos.

Teléfono: 408-729-9700

Sitio web: <http://www.sjffcc.org/counseling.html>

National Runaway Safeline

Descripción: Servicios de apoyo, anónimos y confidenciales, para jóvenes que se han marchado de sus hogares.

Teléfono: 800-RUNAWAY

Página web: www.1800runaway.org

The Food Connection

Descripción: Derivaciones para personas que necesitan asistencia alimentaria en el condado de Santa Clara.

Teléfono: 800-984-3663

The Opportunity Center

Descripción: Generar viviendas asequibles y permitir la prestación de servicios beneficiosos para personas y familias de muy bajos ingresos o sin hogar.

Teléfono: 650-853-8672

Sitio web: www.communityworkinggroup.org

Your House South

Descripción: Vivienda temporal y centro de asesoramiento para jóvenes que atraviesan problemas familiares o que se han marchado de sus hogares.

Teléfono: 650-367-9687

Línea Directa Nacional contra la Trata de Personas

Descripción: Línea directa 24/7

Teléfono: 888-373-7888

Envía un mensaje de texto con la palabra "HELP" al 233733 (BeFree)

Sitio web: <https://humantraffickinghotline.org>

Comunidad Superando el Abuso en las Relaciones

Descripción: Proporciona intervención ante crisis, asesoramiento y servicios legales civiles para víctimas de violencia doméstica.

Teléfono: 800-300-1080

Intervención Colaborativa contra la Violencia Doméstica

Descripción: Terapia individual, grupal y clases.

Teléfono: 408-294-0006

Sitio web: www.dvintervention.org

Departamento de Justicia de los EEUU

Descripción: Información para padres y tutores que necesitan hablar con los niños sobre el abuso sexual y violencia.

Sitio web: www.nsopw.gov

YWCA Silicon Valley

Descripción: Intervención, defensa y acompañamiento individual y grupal, ante crisis por violación; asesoramiento familiar, apoyo ante casos de agresión sexual, violencia doméstica y trata de personas; refugio de emergencia y ayuda legal.

Crisis: 800-572-2782

San José: 408-295-4011

Sitio web: www.ywca-sv.org

Programa AACI contra el Abuso de Sustancias

Descripción: Terapia individual, grupal y familiar para casos de drogas y alcohol, manejo de la ira, violencia doméstica; clases sobre crianza.

Teléfono: 1-800-488-9914

Sitio web: www.aaci.org

Ngày 11 tháng 5, 2023

Sức khỏe tinh thần của các em Rocketeers, gia đình, nhân viên và cộng đồng của chúng tôi là điều quan trọng nhất. Mục 49428 của Bộ luật Giáo dục yêu cầu các khu học chánh và trường bán công cung cấp cho học sinh và phụ huynh/người giám hộ của học sinh thông tin ít nhất hai lần mỗi năm học về cách tiếp cận các dịch vụ sức khỏe tâm thần của học sinh trong khuôn viên trường và/hoặc trong cộng đồng. Thông tin về các dịch vụ được liệt kê bên dưới.

Dịch vụ Sức khỏe Tâm thần

Trường Công lập Rocketship cam kết cung cấp các dịch vụ sức khỏe tâm thần để đáp ứng nhu cầu của tất cả học sinh trong Học khu. Những dịch vụ này bao gồm: Giáo dục đặc biệt, Vô gia cư & Dịch vụ Thanh niên Nuôi dưỡng, Dịch vụ Y tế, Tư vấn, Nhóm Kỹ năng giao tiếp Xã hội và chương trình 504.

Tư vấn:

Mỗi trường có thể cung cấp một số loại dịch vụ tư vấn và can thiệp giúp hỗ trợ cho những học sinh có nguy cơ cao và gia đình của họ. Các dịch vụ này được truy cập thông qua hệ thống MTSS của chúng tôi và quá trình giới thiệu trước. Dịch vụ tư vấn bổ sung có sẵn tại tất cả các trang web thông qua các cơ quan sức khỏe tâm thần cộng đồng. Giấy thỏa thuận đồng ý cho phép sử dụng của phụ huynh/người giám hộ là cần thiết để học sinh tham gia các dịch vụ tư vấn bổ sung.

Luật tiểu bang quy định rằng có thể không cần sự cho phép của phụ huynh/người giám hộ đối với học sinh 12 tuổi trong các điều kiện sau: đứa trẻ có thể gây nguy hiểm cho bản thân hoặc những người khác hoặc là nạn nhân bị cáo buộc của lạm dụng trẻ em; hoặc sự tham gia của phụ huynh/người giám hộ sẽ gây bất lợi cho phúc lợi của đứa trẻ. Trong những trường hợp này, các cố vấn của cơ quan cộng đồng có thể báo cáo cho cơ quan bảo vệ trẻ em.

Nguồn Thông Tin:

Nếu bạn có mối lo ngại nghiêm trọng về an toàn liên quan đến học sinh (an toàn cho chính bạn hoặc bạn bè), vui lòng gọi 9-1-1. Nếu bạn có những mối lo ngại cần được hỗ trợ chú ý ngay lập tức về sức khỏe tâm thần liên hệ với một trong những đường dây nóng được liệt kê dưới đây:

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