



APRIL ROCKETSHIP

Breakfast Menu

Menu is subject to change
*Item prepared with locally sourced ingredient

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cranberry Muffin Oranges 1% & Fat-Free Milk	2 Honey Yogurt w/ Homemade Granola Bananas 1% & Fat-Free Milk	3 WG Mini Bagel w/ Cream Cheese Apples 1% & Fat-Free Milk
6 Cornflakes Cereal Apples 1% & Fat-Free Milk	7 Chocolate Chip Overnight Oats Bananas 1% & Fat-Free Milk	8 WG Mini Bagel w/ Cream Cheese Pears 1% & Fat-Free Milk	9 Mango Crumble Oranges 1% & Fat-Free Milk	10 Brown Sugar Glazed English Muffin Apples 1% & Fat-Free Milk
13	14	15	16	17
20	21 Chocolate Chip Bread Bananas 1% & Fat-Free Milk	22 Honey Yogurt w/ Homemade Granola Pears 1% & Fat-Free Milk	23 Blueberry Muffin Oranges 1% & Fat-Free Milk	24 WG Mini Bagel w/ Cream Cheese & Jelly Bananas 1% & Fat-Free Milk
27 English Muffins Orange 1% & Fat-Free Milk	28 Red Rabbit O's Bananas 1% & Fat-Free Milk	29 Chocolate Bread Pears 1% & Fat-Free Milk	30 Red Rabbit O's Apples 1% & Fat-Free Milk	



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ROCKETSHIP APPLETREE

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27 English Muffins Orange 1% & Fat-Free Milk	28 Red Rabbit O's Bananas 1% & Fat-Free Milk	29 Chocolate Bread Pears 1% & Fat-Free Milk	30 Red Rabbit O's Apples 1% & Fat-Free Milk	



APRIL ROCKETSHIP

Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Honey BBQ Chicken* Honey BBQ Tofu (V) WG Corn Bread Garden Salad w/ Ranch Tomatoes & Cucumbers Honeydew 1% & Fat-Free Milk	2 Spaghetti w/ Ground Beef Cajun Tofu w/ WG Dirty Rice (V) Roasted Green Beans Steamed Carrots Pineapple 1% & Fat-Free Milk	3 Cajun Chicken* Seasoned Rice Vegan Cheese Pasta (V) Red Beans Roasted Red Peppers Oranges 1% & Fat-Free Milk
6 Pizza Melt w/ Turkey Sausage Vegan Cheese Pizza (V) Sweet Potato Wedges Asparagus Cantaloupe 1% & Fat-Free Milk	7 Cheesy Broccoli Pasta Bake Vegan Cheese Pasta (V) Roasted Broccoli Roasted Cherry Tomatoes Pineapple 1% & Fat-Free Milk	8 Turkey Fajita Bowls Crispy Tofu Fajita Bowl Black Beans Corn Salad Honeydew 1% & Fat-Free Milk	9 Carne Guisada (Beef Stew) Cilantro Rice Stewed Beans (V) Green Peas Roasted Potatoes Cantaloupe 1% & Fat-Free Milk	10 Lemon Pepper Chicken Dinner Rolls Lemon Pepper Tofu (V) Roasted Green Beans Roasted Peppers w/ Onions Oranges 1% & Fat-Free Milk
13	14	15	16	17
20	21 WG Pizza w/ Mozzarella Cheese Vegan Cheese Pizza (V) Green Beans Roasted Red Peppers Strawberries 1% & Fat-Free Milk	22 Roasted Chicken Cilantro Rice Crispy Tofu(V) Red Kidney Beans Green Peas Cantaloupe 1% & Fat-Free Milk	23 Bean Chili (V) WG Corn Bread Roasted Corn Stewed Tomatoes Pineapples 1% & Fat-Free Milk	24 Beef Lasagna Vegetarian Lasagna (V) Garden Salad Green Beans Honeydew 1% & Fat-Free Milk
27 Curry Stewed Lentil Cous Cous Sweet Potatoes Peppers w/ Onions Pineapple 1% & Fat-Free Milk	28 Cheese Burger Sliders Portobello Sliders (V) Potato Wedges Green Beans Cantaloupe 1% & Fat-Free Milk	29 Chipotle Chicken Salad Chipotle Ground Tofu (V) WG Tortilla Spring Mix Salad Honeydew 1% & Fat-Free Milk	30 Marry Me Turkey Meatball Marry Me Tofu (V) Seasoned Rice Green Beans Roasted Plum Tomatoes Cantaloupe 1% & Fat-Free Milk	



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APRIL ROCKETSHIP

Supper Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Veggie Pasta Salad w/ Parmesan & Herbs Apples 1% & Fat-Free Milk	2 Garden Salad w/ Cheddar Cheese & Ranch Pineapple 1% & Fat-Free Milk	3 Chicken Salad w/ Pita & Carrot Sticks Oranges 1% & Fat-Free Milk
6 Garden Salad w/ Dressing Canteloupe 1% & Fat-Free Milk	7 Sweet Chili Chicken Wrap Pineapple 1% & Fat-Free Milk	8 Garden Salad w/ Chili Lime Chicken Honeydew 1% & Fat-Free Milk	9 Cheese Pizza Munchable Canteloupe 1% & Fat-Free Milk	10 Black Bean Taco Salad Oranges 1% & Fat-Free Milk
13	14	15	16	17
20	21 Cheese Dipper w/ Marinara Apples 1% & Fat-Free Milk	22 Greek Salad w/ Pita Bread Slices Canteloupe 1% & Fat-Free Milk	23 Sweet Chili Pasta w/ Chicken Pineapple 1% & Fat-Free Milk	24 Chicken Salad Sanwich w/ Baby Carrots Honeydew 1% & Fat-Free Milk
27 Mumbo Chicken over Garden Salad w/ Egg Roll Crisps Pineapple 1% & Fat-Free Milk	28 Grinder Pasta Salad Canteloupe 1% & Fat-Free Milk	29 Lem Dill Chicken & Cucumber-Tomato Salad w/ Tzatziki & Pita Honeydew 1% & Fat-Free Milk	30 Pulled Turkey Salad on Roll w/ Mixed Greens Canteloupe 1% & Fat-Free Milk	



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